

# Over and District Riding Club

## Newsletter February 2014

Hello and welcome to our latest newsletter. Another year is upon us and we have been busy planning 2014's events and clinics. Hopefully there is something for everyone especially with the introduction of our new grass roots classes and combined training competitions.

### **Committee**



We would like to welcome Amy Benton to the committee. Amy will be organising some of our clinics as well as helping out at events. She has competed up to British eventing Novice level on one of her horses Smarty and she is aiming her other horse Charlie at BE100 this year. So look out for her at future ODRC events!

All the committee can be contacted at [odrcenquiries@gmail.com](mailto:odrcenquiries@gmail.com)

### **Membership**

The yearly memberships are now due, so get your forms in as soon as possible. Here is a reminder of the benefits of joining the club. As you will see from the rest of the newsletter we have lots going on:

- Special 'members' rates for all our competitions and clinics.
- Non-competitive activities such as workshops and social events
- Regular newsletter available on our website
- 10% discount at Heather Lewin Saddlery
- Reduced rates for British Dressage winter membership for more information go to [www.britishdressage.co.uk/membership](http://www.britishdressage.co.uk/membership)
- Receive a 'New Member' discount form British showjumping, worth over £100 see <http://www.britishshowjumping.co.uk/membership/New-Member-Discounts> for more information.
- You can use your British Riding Club Membership Card to receive discounts from companies such as Farmkey, Jump4Joy, McArdle Equestrian, eqimat, Kate Negus Saddlery, rugwash and fine fettle. Along with discounts for BHS Membership, Horse and Horse & Hound subscriptions. Go to <http://www.bhs.org.uk/enjoy-riding/british-riding-clubs/joining-a-brc> to find out more.
- Receive the British riding club magazine 'A quarterly instalment of news, information and articles exclusively for BRC members.'

### **New Website**

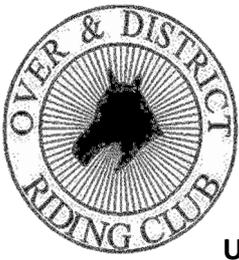
We now have a brand new website! Please go and have a look... [www.overridingclub.com](http://www.overridingclub.com) The old website address will also be able to be used shortly. We will be posting all of our events on there as well as reports, forms and newsletters. We are also hoping to have a 'members' page so if you have any memorable photos of the club then please email them to [odrcenquiries@gmail.com](mailto:odrcenquiries@gmail.com) so we can get them up on the website!

### **Member Adverts**

Members can advertise on the website, the newsletter and our facebook page free of charge, please email your advert to [odrcenquiries@gmail.com](mailto:odrcenquiries@gmail.com) and we will get it on there!

**Leather Work:** Contact Caroline Mitchell if you need any repairs or custom made leather work:

Phone: 01480 831240 or email: [caroline.mitchell@papworth.nhs.uk](mailto:caroline.mitchell@papworth.nhs.uk)



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## Upcoming events

### **Saturday 19<sup>th</sup> April – Fran Berry Flatwork / Jumping Clinic**

At the riding club field £10 per hour for members Starting at 10am contact Kelly Stevenson.

### **Thursday 24<sup>th</sup> April – Mia Korenika Evening Jumping Clinic**

At the riding club field £20 per hour for members £30 for non-members. Starting at 5.30pm contact Harriet Turton to book.

### **Bank Holiday Monday 5<sup>th</sup> May - Sharon Hunt Jumping Clinic**

At the riding club field 1.15 hours £30 for members £40 for non-members, contact Harriet Turton to book at [Harriet.turton@hotmail.com](mailto:Harriet.turton@hotmail.com)

### **Sunday 18<sup>th</sup> May – Combined Training Competition to include Grassroots**

Dressage and Showjumping classes can also be entered separately. To include grassroots level. Schedule will be posted on the ODRC website.

### **Bank Holiday Monday 26<sup>th</sup> May– Spring Show**

In hand and ridden & novelty showing classes at the ODRC field- Schedule will be posted on the ODRC website.

### **Thursday 19<sup>th</sup> June – Mia Korenika Evening Jumping Clinic**

At the riding club field £20 per hour for members £30 for non-members. Starting at 5.30pm contact Harriet Turton to book.

### **Sunday 22<sup>nd</sup> June – Showjumping Competition**

Schedule will be posted on the ODRC website.

### **Sunday 13<sup>th</sup> July – Showjumping Competition**

Schedule will be posted on the ODRC website.

### **Monday 25<sup>th</sup> August - Summer Show**

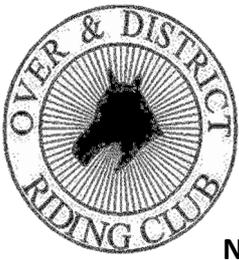
In hand and ridden & novelty showing classes at the ODRC field- Schedule will be posted on the ODRC website.

### **Saturday 17<sup>th</sup> August - Showjumping Competition**

From mini novice to open there will be a class for everyone.

**Is there anything you would like to see? Any clinics, demos or competitions?**

**We welcome your feedback so please get in touch.**



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## Non Riding club events

### **Bank Holiday Monday 21<sup>st</sup> April – XC clinic**

At Ely Eventing centre. £50 per 1.5 hour session. Max 4 per group. Contact Amy Benton for more info [a-benton@blueyonder.co.uk](mailto:a-benton@blueyonder.co.uk)

This clinic will help riders continue to refine their jumping skills – improving accuracy as well as as assessing speed necessary for the type of obstacle they are facing – ultimately enhancing show jumping and cross country riding techniques.

### Report - Sharon Hunt Clinic

Today was the first of our Sharon Hunt jumping clinics. Sharon is a world class eventer who holds her UKCC Level 3 coaching exam. She is an excellent coach and put everyone through their paces at the beautiful indoor school at Rosewood Stud in Chippenham.

There were 3 groups of 4 riders in each group depending on the combinations abilities. Initially Sharon assessed every rider individually through all three places making adjustments where necessary. The group then moved onto working over poles. The emphasis was on keeping the horse in a consistent rhythm. Poles were set out 5 (horse canter) strides apart with the aim of getting the same sized stride for each of the 5 strides, obviously some combinations found this more difficult than others but after a few tips from Sharon everyone improved.

They groups then moved onto some jumping exercises before having a go at a course. Sharon then helped each rider improve before they jumped again. Each combination showed improvement and it was interesting to see how many different problems they needed to overcome. We hope everyone enjoyed the sessions and learnt from the clinic (including the spectators!). Our next clinic with Sharon Hunt is on Bank Holiday Monday - 5th May.

